

BASED ON THE WORKS OF L. RON HUBBARD

BOOKS

THE ETHICS

LEARNING GUIDE

The Ethics Book

BASED ON THE WORKS OF L. RON HUBBARD

Name _____ Date _____

PURPOSE

Learn to use basic ideas of ethics to be happier
and more successful in life.

HOW TO DO THIS COURSE: Do the steps in order. Write your initials and the date on the sign-off line when you finish a step. Two lines means you get the step checked by another student or, if stated, by your academic supervisor. Have them initial the second line. All written work is turned in to your supervisor.

ESTIMATED TIME: 20 hours.

BOOK:

The Ethics Book, Heron Books

A. INTRODUCTION

1. READ: *The Ethics Book* (EB), pages 1–10. _____
2. ACTIVITY: Demonstrate the definition of *good* on page 9. **Supervisor pass.** _____
3. ACTIVITY: In writing, explain *good* and *evil*, then give 10 examples of good actions and 10 examples of evil actions. _____
4. READ: EB, pages 11–15. _____
5. ACTIVITY: Demonstrate in clay something someone might do to keep from doing evil things. **Supervisor pass.** _____

B. REASON

1. READ: EB, pages 17–23. _____
2. ACTIVITY: Demonstrate in clay this sentence from *The Ethics Book*:
“Reason is being able to use the data you have to figure out something new.”
Supervisor pass. _____
3. ACTIVITY: Describe in writing three times when you have used reason. _____
4. READ: EB, pages 24–27. _____
5. ACTIVITY: Describe in writing three times when you should have used reason and didn't. _____
6. READ: EB, pages 28–32. _____
7. ACTIVITY: In writing, give five examples of using reason to survive better. **Supervisor pass.** _____

C. THE PARTS OF LIFE

1. READ: EB, pages 33–43. _____
2. ACTIVITY: In writing, give four examples each of things or activities on the first dynamic, second dynamic, third dynamic and fourth dynamic. _____
3. READ: EB, pages 44–52. _____
4. ACTIVITY: In writing, give four examples each of things or activities on the fifth dynamic, sixth dynamic, seventh dynamic and eighth dynamic. _____

D. DECISIONS AND ETHICS

1. READ: EB, pages 53–59. _____
2. ACTIVITY: In writing, give four examples from your own experience of personal decisions which affected your dynamics. _____
3. READ: EB, pages 60–65. _____
4. ACTIVITY: Draw a sketch of using reason to make a personal decision. _____
5. READ: EB, pages 66–72. _____
6. ACTIVITY: Demonstrate in clay an example of “the use of reason to achieve the highest level of survival for all your dynamics.” (the definition of *ethics*). **Supervisor pass.** _____
7. ACTIVITY: Think of an important current situation in your life where you need to make a decision that will affect how well you are surviving. Make an ethical decision, and do what you decided to do. Write down what the situation was and why you decided as you did. **Supervisor pass.** _____
8. READ: EB, pages 73–81. _____
9. ACTIVITY: Demonstrate in clay
 - a) an example of an overt of commission _____
 - b) an example of an overt of omission _____**Supervisor pass.** _____
10. ACTIVITY: Think about whether or not it is possible to do something destructive that is not an overt. Explain your answer in writing, with an example. _____

11. READ: EB, pages 82–85. _____

12. ACTIVITY: In writing, make up and describe an example of an overt done for each of the reasons on the pages you just studied. _____

13. READ: EB, pages 86–94. _____

14. ACTIVITY: In writing, make up two overts and give 10 examples of justifications for each one. **Supervisor pass.** _____

15. ACTIVITY: Do a sketch of a person using a motivator to justify an overt. _____

16. READ: EB, pages 95–97. _____

17. ACTIVITY: Show your understanding of overts, justifications, motivators and blowing by doing the following in writing:

a) Make up a story involving these things.

b) Describe a time you experienced these things in yourself or someone else.

Supervisor pass. _____

E. WITHHOLDS

1. READ: EB, pages 99–102. _____

2. ACTIVITY: Sketch two examples showing what a withhold is (using different examples from those in the book) and what that can do to the person with the withhold. _____

3. READ: EB, pages 103–105. _____

4. ACTIVITY: Demonstrate in clay a missed withhold. Be sure to show what the person who missed it did to make the person with the missed withhold wonder if he or she knew. **Supervisor pass.** _____
5. ACTIVITY: In writing, give an example of a time you observed someone being critical and complaining because of a missed withhold. _____
6. READ: EB, pages 106–110. _____
7. ACTIVITY: Demonstrate to another three examples of how being unethical on one dynamic could eventually affect the other dynamics. _____
8. READ: EB, pages 111–120. _____
9. ACTIVITY: Demonstrate in clay a made-up overt and show all of the things that can follow it, such as given on the pages you just studied. **Supervisor pass.** _____
10. ACTIVITY: In writing, give two examples from your own experience that show how committing overt acts can “make one’s life pretty unhappy.” **Supervisor pass.** _____

F. RESPONSIBILITY AND TRUTH

1. READ: EB, pages 121–126. _____
2. ACTIVITY: Demonstrate in clay *responsibility*. **Supervisor pass.** _____
3. READ: EB, pages 127–129. _____

4. ACTIVITY: In writing, describe a time when you were withholding an overt and it seemed huge, but then when you admitted it, it seemed much smaller. _____
5. READ: EB, pages 131–138. _____
6. ACTIVITY: Demonstrate to another the definition of *truth* on page 132. _____
7. ACTIVITY: Think of something good that you have recently done. Write down the truth about it. Be sure to include all parts of the truth, as described on page 137. Repeat this until you are certain you know exactly what truth means and can tell all the parts without having to refer back to the book. **Supervisor pass.** _____

G. YOU DECIDE

1. READ: EB, pages 139–155. _____
2. ACTIVITY: Write an essay explaining how “a clean heart and clean hands are the only way to achieve happiness and survival in all the parts of your life.” _____

H. FINAL ACTIVITIES

1. ACTIVITY: Think of some current situation in your life in which you could be surviving better, where you are being unethical to a greater or lesser degree. Use what you have learned in this course to improve your ethics. Write down what you did and the results. **Supervisor pass.** _____

2. ACTIVITY: Think of a situation where someone else in your life could be surviving better, where they are being unethical to a greater or lesser degree and it is affecting you. Talk to the person about it and help them improve their ethics by using what you have learned. Write down what you did and the results. **Supervisor pass.** _____

I have completed the steps of this course. I understand what I studied and can use it.

Student _____ Date _____

The student has completed the steps of this course and knows and can apply what was studied.

Academic supervisor _____ Date _____

The student has passed the exam for this course.

Examiner _____ Date _____



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